

ESIC MEDICAL COLLEGE & PGIMSR

ACADEMICS

Following is the list of rank holders in ESIC Medical College and PGIMSR in Tamil Nadu Dr. MGR Medical University exams

First year - MBBS

AY	Anatomy		Physiology		Biochemistry	
	Rank	Name	Rank	Name	Rank	Name
2014	1 st	Ajing Yanggi	1 st	Ansiya Abbas Ali Ameena G	1 st	Ragavendar G
	2 nd	Lakshmi Priya M Rekha Priya M	2 nd	Ragavendar S	2 nd	Priyanka R
	3 rd	Harshini R Thenmozhi NK	3 rd	Balaji Vasu, Sruthi C	3 rd	Arathy K , Harshini R
2015	1 st	Somesh V	1 st	Lakshmi L	1 st	Swetha K
	2 nd	Najla CA	2 nd	Vandhana K	2 nd	Vandhana K
	3 rd	Vandhana K	3 rd	Najla CA Sowmya K	3 rd	Arsha G Nair
2016	1 st	Nimalan Sivasankar	1 st	P.Yashwanthii	1 st	T. Akash Narayan
	2 nd	Yashwanthii P	2 nd	Sameena Zehra	2 nd	Karthik D.S
	3 rd	Sameena Zehra	3 rd	Amrutha P	3 rd	Yashwanthii P

In Academic year 2017, the number of students who obtained distinction in Anatomy, Physiology and Biochemistry are 19, 14 and 22 respectively.

Second year – MBBS

AY	Pharmacology		Pathology		Microbiology		Forensic Medicine	
	Rank	Name	Rank	Name	Rank	Name	Rank	Name
2016	1 st	Bhavana J	1 st	Raghavendhar G	1 st	Subhashini M	1 st	Sahana G
	2 nd	Saikiran K	2 nd	Balaji Vasu	2 nd	Ameena A	2 nd	Nazia Banu Z
	3 rd	Sanjai S	3 rd	Aleena Thomas Tamizharasi S	3 rd	Tamizharasai S	3 rd	Lakshmi Priya M
2017	1 st	Lakshmi L	1 st	Muthulaxmee R Vandhana K	1 st	Mahalakshmi T Saranya R Vanishree shankar Shadiya TM	1 st	Archa
	2 nd	Gayathri Priyadharshini R	2 nd	Swetha S	2 nd	Swetha S	2 nd	Lakshmi L

		Subhashii S						
	3 rd	Parvathy B Raj	3 rd	Lakshmi L	3 rd	Ancy Nisha N Lakshmi L Vivarsha Balaji Kumar	3 rd	Arsha G Nair Saranya R
2018	1 st	Sri vidya N	1 st	Akash Narayan T	1 st	Mayuravalli N Sameena Zehra	1 st	T Akash Narayan
	2 nd	Saranya NS Ramya SR Karthik DS Sathiyasundaram K Sundarapandian P	2 nd	Mayuravalli N	2 nd	Karthik DS	2 nd	Abinaya R
	3 rd	Mahitha P Yashwanthii P	3 rd	Sameena Zehra	3 rd	Yashwanthii P	3 rd	Sathiyasundaram K Yashwanthii P

Pre- Final – MBBS

	OPHTHALMOLOGY		ENT		PSM	
	Rank	Name	Rank	Name	Rank	Name
2017	1 st	Sai charan V	1 st	Sai charan V	1 st	Ameena G
	2 nd	Iyyama Gowri M	2 nd	Harshini R , Thenmozhi NK	2 nd	Thenmozhi NK
	3 rd	Ameena A	3 rd	Balaji Vasu, Sai Kiran K	3 rd	Bharathi Valantina BN
2018	1 st	Vandhana K, Swetha S	1 st	Swetha S	1 st	Swetha K
	2 nd	Isaac Livian K	2 nd	Vivarsha Balaji Kumar	2 nd	Jasmine John
	3 rd	Muthulaxmee R Pooja Rani T	3 rd	Mahalakshmi T Pooja Rani T	3 rd	Bhavani

Final year MBBS

	General medicine		General surgery		OBG		Paediatrics	
	Rank	Name	Rank	Name	Rank	Name	Rank	Name
2018	1 st	Balaji Vasu	1 st	Ameena G	1 st	Harshini R	1 st	Saicharan V
	2 nd	Sai Charan V	2 nd	Sai Charan V	2 nd	Ragavendar S	2 nd	Logamani PK
	3 rd	Bharathi Valantina BN	3 rd	Balaji Vasu , Sahana G	3 rd	Ameena A , Sahana G	3 rd	Seshadhri R

Medal exam

Medal exam was conducted in the Department of Paediatrics and Balaji Vasu was awarded with the gold medal

Research projects

<u>PRESENTOR AND GUIDE</u>	<u>TOPIC</u>	<u>REMARKS</u>
<u>2015</u>		
Ansiya Abbas Ali Guide : Dr. Manisha Mane	Immune response of standard and delayed Hepatitis B vaccination schedules among medical students – a cross sectional comparative study.	✓ Selected and approved by ICMR
Olive Sharon J Guide : Dr. Anandhi Lakshmanan	Needle stick injury : A study on the awareness and practice of its preventive measures among health care workers in a tertiary care hospital	✓ Selected and approved by ICMR
Balaji Vasu Guide: Dr. N.Srinivasa Raghavan	Volatile substance abuse among school children – a retrospective study	✓ Presented at National Toxicology Conference – 2015
<u>2016</u>		
Praveen Kumar S Logamani PK Gowtham M Guide: Dr. Vijayaprasad	A cross sectional assessment of sleep related problems and sleep hygiene among adolescents of Tirupur,Thiruvallur and Namakkal districts of Tamil Nadu	✓ Presented at National Medical Conference-2016,Trivandrum
Harshini R Bharathi Valantina B.N Divya A Guide : Dr. Anuradha R	A cross sectional study to assess the effect of television addiction over mental wellbeing of women aged 18 years and above in west Mambalam area in Chennai	✓ Awarded 1 st place in Chengalpattu Medical College 'CHARM'
<u>2017</u>		
Shobana K Guide: Dr. Vijay Prasad	Awareness on microbial contamination of ATM (2017)	✓ Presented at CMC 'COGNITO' ✓ Awarded 1 st prize for poster presentation at Chengalpattu Medical College. ✓ Broadcasted in NEWS APP 'SCROLL.IN'
Swetha K Guide: Dr. Vijay Prasad	Predictive validity of derived clinical adiposity parameters in the assessment of Type 2 Diabetes	✓ Published in Indian journal of community and family medicine ✓ Presented at CMC 'COGNITO' and

	Mellitus among adults	Chengalpattu Medical College 'CHARM'
Subashini S Guide: Dr. Vijay Prasad	Emotional intelligence among medical students.	<ul style="list-style-type: none"> ✓ Published in BMC Medical publication ✓ Awarded 1st prize in oral presentation at Stanley Medical College 'EMPOWER' ✓ Awarded 3rd prize in CMC 'COGNITO'
Saranya R Guide: Dr. Vijay Prasad	Do supportive family behavior promote Diabetes self management in resource limited urban settings?- A cross sectional study	<ul style="list-style-type: none"> ✓ Published in BMC Springer nature
Makarla Shashank Guide:Dr. Devidass	Prevalence and correlation of cyberchondria among professionals working in information technology in Chennai – A cross sectional study.	<ul style="list-style-type: none"> ✓ Awarded 1st prize for oral presentation in Chengalpattu Medical College 'CHARM'
Vandhana K Guide: Dr. Maya Menon	Knowledge, Attitude and Practice of cervical cancer and its screening methods among women of age group 20-60 years in ESI Hospital	<ul style="list-style-type: none"> ✓ Presented at Chengalpattu Medical College 'CHARM'
Indhumathi C Guide: Dr. Uma Maheshwari	Predictors of Breast Self examination as cancer prevention practice among women of 40-60 years – A hospital based study.	<ul style="list-style-type: none"> ✓ Selected and completed
Shrividya Natarajan Jyoti Yadav Smrithi S Guide:Dr. Anuradha	Prevalence of learning disabilities among school going children of 2 nd std in Thanjavur Union in Tamil Nadu	<ul style="list-style-type: none"> ✓ Ongoing Project
<u>2018 – Ongoing Projects</u>		
Deepashri Marieta PJ Guide : Dr. Vijayaprasad	Association between sleep and cognitive function among school going students aged 12-14 – A cross sectional study.	
Neha K Guide : Dr. Kothai.G	Neutrophil – Lymphocyte ratio as a marker of Diabetic nephropathy	
Aishwarya Sahunthala Guide: Dr. Devdass T	Motivators and detractors for regular exercise in patients with Type 2 diabetes mellitus – A hospital Based study in a Tertiary Hospital in Chennai	

Our student Mr.Sanjai S participated as a delegate representing Indian Medical students in Lindau Nobel Laureates meet at Lindau , Germany in June 2018

CME AND WORKSHOPS

✓ **Conducted at ESIC Medical college & PGIMSR**

			TN MGR credit points	TNMC credit hours
<u>2015</u>				
1.	Morbus Gallicus – An integrated CME on Syphilis	Department of Dermatology	5	2
<u>2016</u>				
1.	CME on Zika virus	Department of Microbiology		
2.	Current trends in Pharmacovigilance	Department of Pharmacology	10	2
3.	CME on Diabetes Mellitus	Department of Pathology	5	2
<u>2017</u>				
1.	Rational use of drugs	Department of Pharmacology	10	
2.	Predictive Oncology and molecular Pathology (POMP) of Breast	Department of Pathology	10	2
3.	Emerging Viral diseases(Virology update)	Department of Microbiology		
4.	Symposium on Conglomeration of Dental and General health	Department of Dentistry	10	2
5.	Recent updates in RNTCP Programme for management of Tuberculosis	Department of Community Medicine		
<u>2018</u>				
1.	Current trends in pain management	Department of Pharmacology	10	

✓ **Conducted outside campus**

1. Attended workshops on Basic Life support , ECG, Burns management, Surgical skills at
 - Madras Medical College
 - Stanley Medical College
 - Kilpauk Medical College
 - Madurai Medical College
 - Chengalpattu Medical College
 - Thanjavur Medical College
 - Pondicherry Institute of Medical Science
 - Sri Ramachandra Medical College
 - SRM Medical College
 - Tamil Nadu Dental College

2. Attended IMA TNSB – ‘ MEDICAL STUDENTS CONVENTION’ (2018) conducted by Medical Student Association at Tamil Nadu Dr. MGR Medical University

QUIZ PROGRAMS

Our students have won in various quiz Programs conducted within and outside ESIC Medical College and PGIMSR.

Department	Participants	Position
2014		
Breastfeeding Quiz Peadiatrics (ESIC)	Ansiya Abbas Ai and Bhavana J	1 st
2015		
Breastfeeding Quiz Peadiatrics (ESIC)	Ansiya Abbas Ai and Bhavana J	1 st
2016		
IAP Quiz Peadiatrics,	Sai Charan V, KS Kaloni	<ul style="list-style-type: none"> • 2nd place in North TN Zone level • 3rd place in State level
AZAADI Quiz (ESIC)	Thyagapari , Nandha Kishore	1 st
2017		
IAP Quiz Peadiatrics	Sai Charan V, KS Kaloni	<ul style="list-style-type: none"> • 1st place in North TN zone level • 3rd place in South Indian divisional level
Breastfeeding Quiz Peadiatrics(ESIC)	Husna Sherin, Jasmine John	1 st
IAPSM Quiz (ESIC)	Nishath Afreen , Saranya , Gayathri Priyadarshini	1 st

Our students have participated in the following Quiz Programs conducted outside ESIC Medical College and PGIMSR from 2013-2018

- ✓ Dharmapuri Medical College – HORMANIA'13, state level endocrine quiz.
- ✓ Chettinad Medical College – VIRTUOSO'16
- ✓ Pondicherry Institute Of Medical Science – EQUINOX
- ✓ Participated in various quiz Programs conducted in
 - Madras medical college
 - Stanley Medical College
 - Kilpauk Medical College
 - Vellore Medical College
 - Omandhurar Medical College
 - Villupuram Medical College
 - Saveetha Medical College
 - Madurai Medical College
 - Trichy Medical College
 - Tanjore Medical College
 - SRM Medical College
 - Mannakula Vinayaga Medical College

Foundation Course/Orientation Programme for First MBBS Students

As soon as the First MBBS students join the course, Foundation course/ Orientation Programme is conducted as per MCI norms. The inaugural address was given by our Dean Prof. Dr. Sowmya Sampath and the following topics were discussed by our faculty.

Hospital Tour	Introduction to Biochemistry
National Health Priorities and policies	Introduction to Genetics
Basic Life Support	IT/Medical Literature Search
Introduction & History - Anatomy	Introduction to Physiology
Universal Precaution & Vaccination	Patient Safety & Biohazard Safety
Introduction to Community Medicine	Stress & Time Management
Medical Ethics & Professionalism	Introduction to Medical Terminology
Student debate & interaction	Alternate Health System
Communication skills & Interpersonal Relationships	Duty of doctor to Community

Orientation Programme for CRRI

Orientation Programme is conducted for CRRI's on the first day of joining internship (on 4/4/18 and 5/4/18). The program was inaugurated by our Prof. Dr. Sowmya Sampath and the special guest of honor was Prof. Dr. Srikumari Damodaram. The programme schedule is as below:

Programme	Programme
Inaugural address	Casualty- Best Practices
Virtual tour of the hospital	Guidelines to manage patients in Dermatology.
Guidelines for CRRI in General Surgery	Approach to TB & respiratory diseases
Cutting through Surgical emergencies	Making sense of Psychiatry
Prescription & case sheet writing	Break
Intensive practices in ICU	Gross view of Pathology laboratory
Approach to GI bleed	Insights to Microbiology laboratory
CRRI Milestones in Paediatrics	Reactions in Biochemistry laboratory
Paediatric emergencies- No kidding	Blood Bank- An Insight
CRRI in OG dept. - Delivering your duties	Universal Precautions including Biomedical waste management
Discerning Emergencies in OG	Pharmacovigilance
ABC of Accident and trauma care	Legal issues to be tackled by CRRI
Medical ethics & Professionalism	Scope of Primary Health Care
Scope of work in ENT department	Interactive session
Scan through working in radiology department	Vision into working in Ophthal department
	BLS

ESIC FORTNIGHT CELEBRATIONS

The students actively took part in ESIC Fortnight celebration of the Hospital from 2014 – 2018. They participated in various events and community care programs through Poster presentations, Skit and public awareness programs conducted by various Departments of the Hospital.

SWACHH BHARATH

Students participated in Swachh Bharath in 2018 conducted by Department of Microbiology by taking part in Flash Mob , Poster making Competition , Hand wash skit, Mime on 'Cleanliness and toilet etiquettes' and Short film competition on ' Our contributions for a cleaner India'.

Intra-College Cultural and Sports events

✓ **ADVAYA**

Advaya is a cultural event to welcome the freshers organized by the immediate seniors. White coat ceremony is also conducted to inculcate professionalism among students.

✓ **BHARATSANG**

Bharatsang is the festival of traditions and art organized by the students every year.

✓ **DHRONA**

An annual event to felicitate and honor the teachers organized by the students.

✓ **YAAZH**

Annual cultural event organized by students.

✓ **AAZADI'70**

Organized in the year 2016 to commemorate 70 years of Independence.

✓ **ASTHRA**

Annual Sports event organized by the students.

Our students have also participated and won in various Cultural and Sport events across Tamil Nadu and Pondicherry.

PG STUDENT

Dr.Janani, M.S (Obstetrics & Gynaecology) was awarded the gold medal for standing First in the University Exams 2017-2018 by The Tamil Nadu Dr.M.G.R. Medical University. This Medal was awarded in the convocation ceremony by Shri.M.Venkaiah Naidu, Honorable Vice President of India.